Sample lunch menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Homemade soup & bread	Homemade soup & bread	Homemade soup & bread	Homemade soup & bread	Homemade soup & bread	Brunch	Breakfast
Vegetable Thai red curry	BBQ free range chicken breast & sweetcorn	Sweet & sour pork	Macaroni cheese	Battered fish & chips		Sunday lunch
Jerk pulled jackfruit	salsa Mixed vegetable frittata	Mixed bean & sweet potato fricassee	Supreme of chicken breast with spicy tomato sauce	Vegetable biryani	Salad bar & jacket potatoes	Calad har & jacket
Potato, rice or noodles, 3 types of vegetables	Potato, rice or noodles, 3 types of vegetables		Salad bar & jacket potatoes			
Subs/wrap/roll/ sandwich of the week	Subs/wrap/roll/ sandwich of the week	Subs/wrap/roll/ sandwich of the week	Subs/wrap/roll/ sandwich of the week	Subs/wrap/roll/ sandwich of the week		
Salad bar (protein options)	Salad bar (protein options)	Salad bar (protein options)	Salad bar (protein options)	Salad bar (protein options)		
Fresh fruit & flavoured yoghurt	Fresh fruit & flavoured yoghurt	Fresh fruit & flavoured yoghurt	Fresh fruit & flavoured yoghurt	Fresh fruit & flavoured yoghurt	Fresh fruit & flavoured yoghurt	Fresh fruit & flavoured yoghurt